



RISE AS ONE

RISE AS ONE BASKETBALL HOUSE RULES

FOUNDATION FOR SUCCESS and HOW WE WIN. IF WE AS INDIVIDUALS ACHIEVE THESE GOALS THEN WE AS A TEAM AND ORGANIZATION WILL BE SUCCESSFUL

- 1. Commitment- To the TEAM and to being successful.**
- 2. Unselfishness- Think as a TEAM, win as a TEAM, no I in TEAM**
- 3. Unity- Come TOGETHER, Practice TOGETHER, Play TOGETHER.**
- 4. Improvement- Everyday as a player, and as a person PREPARE to Win.**
- 5. BE TOUGH- Mentally and Physically.**
- 6. Self Discipline- Do it right, don't except anything less.**
- 7. Great Effort- Get out of your comfort zone.**
- 8. Enthusiasm- Show the passion to play basketball.**
- 9. Eliminate Mistakes- Don't beat yourself (Turnovers, Not knowing the play, and Missing easy layups) .**
- 10. Never Give Up- NEVER NEVER NEVER.....**
- 11. Don't Accept Losing- If you do one time, it will be easier to do it again**
- 12. No Self Limitations- Expect more out of yourself.**
- 13. Expect to Win. Truly BELIEVE we will.**
- 14. Consistency- Give Your VERY, VERY best every time from start to finish.**
- 15. Responsibility- You are responsible for your play.**
- 16. Attitude- You control your attitude, positive or negative**

