



RISE AS ONE

POSSIBLE SPRING AAU SCHEDULES

DAYS AND TIMES ARE SUBJECT TO CHANGE

POSSIBLE GREY TOURNAMENTS

April 8th or 9th Tournament TBA
April 16th or 17th Tournament TBA
May 13th or 14th Tournament TBA
May 27th or 28th Tournament TBA
June 3rd or 4th Tournament TBA (Makeup)

POSSIBLE BLACK (GIRLS) TOURNAMENTS

Shoreshot Kickoff | Neptune, NJ
Live at The Nook | Manhiem, PA
Tournament TBA May 14th & 15th
Atlantic City Showcase | Atlantic City, NJ
PA Jamfest | East Stroudsburg

POSSIBLE RED (BOYS) TOURNAMENTS

Spring Jamfest | Manhiem, PA
Pittsburgh Jamfest | Pittsburgh, PA
New England Jam Fest | Boston, MA
Jersey Shore Jamfest | Manalapan, NJ

POSSIBLE RED (GIRLS) TOURNAMENTS

Adidas Circuit
Hoop Group HGSL
DMV Showcase | District Heights, MD
NJ Showcase | Manalapan, NJ
Live at The Nook | Manheim, PA
Atlantic City Showcase | Atlantic City, NJ
PA Jamfest | East Stroudsburg
USJN National Championship | Washington D.C.
Jersey Shore Live | Manalapan, NJ
Summer Championship | Manheim, PA

POSSIBLE WEEKEND PRACTICE SCHEDULE

MARCH 4TH - APRIL 2ND (5WEEKS)
Saturday & Sunday 10am to 11:30am (Jr)
Saturday & Sunday 12pm to 2pm/2:30pm (MS)
Saturday & Sunday 2pm to 4pm/4:30pm (HS)

POSSIBLE WEEKDAY PRACTICE SCHEDULE

APRIL 3RD - June 2nd (8 WEEKS)
Monday & Friday (HS)
Tuesday & Thursday (MS)

POSSIBLE CIRCUIT TRAINING SCHEDULE

**MARCH 7th
MARCH 14th
MARCH 21st
MARCH 28th
APRIL 4th**

Tuesday times ranging from 5-6, 6-7, 7-8, 8-9

